



WHO WE ARE

Edgewood Center for Children and Families (Edgewood) is a nonprofit that takes a family-centric approach to helping thousands of Bay Area children, youth, and their families each year who are struggling with mental health challenges achieve their potential. Edgewood operates residential, community-based, and school programs meeting youth and families where they are and when they need help the most.

Edgewood was founded in 1851 as a refuge for orphans of the Gold Rush. Today, Edgewood has the distinction of being the oldest children's charity in the western United States, and one of the oldest organizations in San Francisco. The main campus is located in the Sunset District of San Francisco. It was founded by Elizabeth Waller (think Waller Street in San Francisco), received funding by Levi Strauss and parts built by Swinerton—full of classic San Franciscans!

THE MISSION

Edgewood's mission is to promote the behavioral health of children, youth, and families and support a positive transition to adulthood. Edgewood accomplishes this by providing services in three broad categories—Intensive Residential Services; Outpatient and Day Treatment Services; and Community-Based Programs at various locations in San Francisco and San Mateo counties.

One of the main objectives is to keep kids in San Francisco and San Mateo, with their families. Maintaining the family unit in its community is fundamental to the healing process.

Edgewood provides services in three broad categories:

- **Acute Intensive Services**, which includes Residential Treatment and Crisis Stabilization
- **School, and After School Services**, which includes an Intensive Outpatient and Non-Public School Programs, as well as Transition Age Youth and After School Services
- **Community-Based Health Services**, which includes Therapeutic Behavioral Services, Kinship Support, and a Family Resource Center

WHAT WE DO

Edgewood Center for Children and Families has a bold vision: Success is within the reach of every child and family we serve. Children deserve a safe place free from abuse and neglect, a safe place to learn and grow.

Nationally, 1 in 5 children will experience mental health challenges yet only a small percentage will access the help they need.

Many of the children, youth, and families Edgewood serve have experienced various forms of trauma. Many struggle with behavioral health issues including depression, thoughts of suicide and self-harming activities.



EDGEWOOD BY THE NUMBERS

In 2016, Edgewood served approximately 9,200 children and families. Of these, 31% were Latino, 23% were African American, 16% were Asian and 12% were Caucasian. Edgewood has an annual budget of approximately \$36 million. Edgewood serves children and families in all income brackets. These children are from all over the community—and could be any of our children.

KEY PROGRAMS

Edgewood has a wide range of programs to assist children and families—nearly 30 different programs throughout San Francisco and San Mateo counties. Some of its unique programs include the following:

Crisis Stabilization Unit

Edgewood's Crisis Stabilization Unit (CSU), which opened in 2014, provides an alternative to a hospital emergency room and is available 24/7. This program is designed to: (1) assess and stabilize acute psychiatric symptoms; and (2) serve as a 5150 receiving center. All hospitals in the area send children to the Edgewood CSU. Since its opening, the CSU has served nearly 1,500 youth and 80% of whom were able to return home rather than being hospitalized.

Short-Term Residential Treatment Program

Edgewood's Short-Term Residential Treatment Program was specially created for children and adolescents between the ages of 6 and 17 and is designed to decrease high risk behaviors and foster safety, stability, and wellness in the home and the community. Edgewood uses a trauma-informed, comprehensive approach in developing strengths-based individualized treatment plans to meet each youth's specific needs and symptoms. This Sub Acute care is one step below a locked psychiatric hospital unit. Edgewood is the only provider in Northern California that still provides this level of care.

Community-Based Behavioral Health Services

Edgewood offers a broad range of services throughout San Francisco and San Mateo counties to help children and families at home, in schools, and in the community. Edgewood collaborates with children, parents, teachers, and partner agencies to prevent problems from becoming more severe and more difficult to treat. These include our Kinship Caregiver Network, San Francisco Family Resource Center, two Transition Age Drop-In Centers in San Mateo County, San Mateo Child and Family Resource Collaborative, and Wrap-Around Services.

Transition Age Youth (TAY) Program

This program is dedicated to serving youth (ages 17-25) with severe mental health needs, who are transitioning into adulthood and have lost access to the foster care system and other government services due to age. Each year, Edgewood's TAY program serves approximately 150 young adults and has aided them in accessing health care, identifying housing, finding employment, addressing their physical and mental health needs, building their social networks, and avoiding incarceration and hospitalization.



On-Site Community School/Counseling Enriched Program

This program provides specialized academic instruction with intensive behavioral and therapeutic support to students between the ages of 6 to 21 who have had difficulty with success in a public school setting due to emotional and behavioral challenges. NPS utilizes strengths-based orientation to achieve academic success.

Measuring Outcomes

Edgewood utilizes the Child and Adolescent Needs and Strengths (CANS) tool, which serves both as a treatment plan for each youth, and acts a means for program evaluation. As a clinical tool, it helps staff and youth to identify the youth's needs and strengths, assess progress toward goals, and create a consensus with everyone involved in the youth's care. It also helps to measure impact and identify areas for improvement. Data collected from the first year of utilizing the tool demonstrates high outcomes, with 40% of clients diagnosed with depression realizing a decrease in their symptoms, and an improvement across all measurements, including a decrease in risky behaviors; increased family and school functioning; and improved adjustment to trauma as well as improved overall functioning.

ACCOMPLISHMENTS THANKS TO YOUR SUPPORT

- In 2016, Edgewood became one of the first community-based organizations in the Bay Area to participate in Sf Department of Public Health's Trauma-Informed System Training for its staff
- In 2016, Edgewood helped 9,216 children, youth and families.
- In 2015, Edgewood earned The Joint Commission's Gold Seal of Approval® for Behavioral Health Care Accreditation