

## ASIS: After School Intensive Services

*After School Intensive Services (ASIS) provides a youth-centered, therapeutic, safe, and structured environment for youth (ages 6 to 14). The program operates weekdays between the hours of 2:00 pm and 6:00 pm, with occasional Saturday programming.*

*Staff members support youth so they can be successful at school, at home, and in the community. Our multi-disciplinary team maintains a low, 1:3 employee to youth ratio in order to provide individualized attention and support.*

In ASIS, children and youth come together to receive support through individualized and group interactions. Programming helps them enhance their social skills, build healthy peer relationships, and better communicate their needs to others.

### The primary goals of ASIS are to:

- Reduce high-risk behaviors
- Develop coping strategies and stress management skills
- Provide opportunities for positive social interactions with peers



**To accomplish the goals of the ASIS program, treatment is family-focused, strength-based, and trauma sensitive. In ASIS, success is evaluated by increased stability, permanency, health and wellness, and community. Due to the limited capacity of ASIS, it is our desire to graduate youth once they have reached these goals to allow for new youth to enter the program.**

### EDGEWOOD CENTER FOR CHILDREN AND FAMILIES

provides behavioral health services to children, youth, and emerging adults aged 0 to 25. Each year, we touch the lives of thousands of families living in San Francisco and San Mateo counties who have experienced severe trauma, abuse, or neglect. Founded in 1851, Edgewood is the oldest children's charity west of the Mississippi and offers programs ranging from prevention and early intervention to community based treatment, day and after school programs, residential treatment, and crisis stabilization.

## Our **ASIS** team includes:

### Therapeutic After School Specialists (TASS)

- Plan and lead therapeutic activities (e.g., painting, body movement, poetry, cooking, etc.) and milieu support within the ASIS program
- Through collaboration with a youth's treatment team, they ensure group activities and one-on-one interactions are individualized to meet each youth's therapeutic needs

### Transportation, Safety, and Care Specialists (TSCS)

- Assist youth in obtaining therapeutic services by transporting them in a safe, timely, comfortable, and considerate manner (to/from school or home, as needed)
- Communicate with caregivers, schools, and other members of the youth's treatment team in order to provide seamless services and continuity of care

"ASIS is great because the staff are helpful and caring, the groups are useful for daily lives, and I can use lessons of the week in my daily life."

– ASIS youth



**FOR MORE INFORMATION PLEASE CONTACT:**

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