DROP-IN CENTERS: North and South

Edgewood Center for Children and Families operates Drop-in Centers located in San Bruno and Redwood City that provide a variety of services to all 18-25 year olds in the community. Each peer-led program serves as a safe space offering free resources to meet the basic needs of each young adult in the program.

Peer Partners — mentors who have been through similar life experiences — run the Drop-in Centers. They oversee the day-to-day programming, provide one-on-one mentoring to participants, and act as group facilitators and site tour guides. They are an invaluable resource to this age group.

The Drop-in Centers provide regularly scheduled programming such as recreational opportunities, social and health awareness workshops, access to computers and the Internet, a clothes closet, and food. Most importantly, Peer Partners lead activities that support young adults in building the necessary skills to successfully transition into adulthood.

Success at our Drop-in Centers is measured individually and is fluid according to how each participant defines self-efficacy. Each program’s primary focus is on building quality relationships with all individuals so each may feel empowered and capable of voicing their needs and apply what they have learned to all other facets of their lives.

THE PRIMARY GOALS OF THE DROP-IN CENTERS ARE TO:

• Promote socialization and community connectedness
• Support academic and/or vocational exploration and growth
• Encourage the development of independent living skills
• Empower rising leaders and advocates

EDGWEWOOD CENTER FOR CHILDREN AND FAMILIES
provides behavioral health services to children, youth, and emerging adults aged 0 to 25. Each year, we touch the lives of thousands of families living in San Francisco and San Mateo counties who have experienced severe trauma, abuse, or neglect. Founded in 1851, Edgewood is the oldest children’s charity west of the Mississippi and offers programs ranging from prevention and early intervention to community based treatment, day and after school programs, residential treatment, and crisis stabilization.
DROP-IN CENTERS

No referrals needed. 18-25 year olds may come anytime during open hours. Personal tours can be arranged for those wishing to see the site outside of open business hours.

Activities are voluntary. Program participants may opt in or out of any and all program activities. None of the resources, supports or activities offered are mandatory.

Participant feedback is highly encouraged and desired. Focus groups, advisory meetings, community meetings, evaluations and an environment that welcomes feedback at any given time may be found at either program.

Community resources. On-site resources, partnerships with community programs, and help with linkages to services are provided as necessary to program participants.

Items to address basic needs. Food (hot meal, fresh produce, snacks and takeaway), clothing and hygiene products are all available to those in need.

"The Drop-In Center is the place where I can go to be myself."
— Drop-in Center Participant

FOR MORE INFORMATION PLEASE CONTACT

DROP-IN CENTER: NORTH
931 W. San Bruno, Ste. 2
San Bruno, CA 94066
(650) 832-6797
Open Monday – Friday
3 pm – 8 pm

DROP-IN CENTER: SOUTH
604 Price Avenue, Ste. A
Redwood City, CA 94063
(650) 517-8211
Open Monday – Friday
3 pm – 8 pm