

Edgewood Center for Children and Families

Acute Intensive Services Programs

Edgewood Center for Children and Families' Acute Intensive Services Programs are family focused and are designed to assess, stabilize, and treat youth between the ages of 6 and 17 who are experiencing behavioral or emotional challenges and crises.



Hospital Diversion Program

San Francisco

7 days per week, 24 hours a day

Average stay: 2 weeks

Partial Hospitalization Program

San Francisco

Duration: 2–4 weeks

8:30 am–6:30 pm, M-F

Intensive Outpatient Program

San Francisco

Duration: 2–8 weeks, 3–5 days per week

Residential Services

San Francisco

Kaiser insurance only

Average stay: 30–90 Days

SUCCESSFUL OUTCOMES

Our goal is to decrease high risk behaviors; build better communication between family members; increase self-esteem; encourage successful utilization of coping skills; improve social skills; increase understanding and utilization of emotional regulation skills; and provide a safe return home.

San Francisco
844-EDGE411 (334-3411)

EDGEWOOD CENTER FOR CHILDREN AND FAMILIES

provides behavioral health services to children, youth, and emerging adults aged 0 to 25. Each year, we touch the lives of thousands of families living in San Francisco and San Mateo counties who have experienced severe trauma, abuse, or neglect. Founded in 1851, Edgewood is the oldest children's charity west of the Mississippi and offers programs ranging from prevention and early intervention to community based treatment, day and after school programs, residential treatment, and crisis stabilization.



Our Acute Intensive Services Program:

Features

- Trauma Informed system of care
- Strength based approach to promote resiliency
- Utilize variety of treatment modalities to join caregivers and children together
- Target reducing high risk behaviors and developing coping strategies and stress management skills
- Communication Focused - Improve communication and connection with all members of the child's support system

Clinical/Medical Services

- Individual therapy (minimum 2 x week)
- Family therapy (minimum 1 x week)
- Group therapy (up to 11 x week)
- Psychiatry services (HD, PHP, Residential)
- DBT informed groups
- Multi caregiver group on Saturdays

- On site nursing 7 days a week
- Seeking safety groups
- Case management and discharge planning

Therapeutic Services

- Holistic Healing Activities
- Therapeutic residential setting
- Therapeutic classroom, M-F
- Social skills activities
- Therapeutic recreation
- Expressive Arts programming
- Life skills activities
- Animal assisted therapy (seasonally)
- Mindfulness groups
- Occupational Therapy
- Community-Based Skill Building Activity (residential)
- Crisis Intervention

MON-FRI	ACTIVITY	SAT-SUN & HOLIDAYS	ACTIVITY
7:15-7:45	Wake Up Time/A.M. Routine	8:30-9:00	Wake Up Time/A.M. Routine
7:45-8:00	Community Meeting	9:00-9:30	Community Meeting
8:00-8:30	Breakfast and Chores	9:30-10:00	Breakfast
8:30-10:45	Therapeutic Classroom	10:00-11:30	Physical Activity
10:45-11:15	DBT Groups	11:30-1:00	Skill Building Activity
11:15-11:45	Therapeutic Classroom	1:00-2:00	Group Therapy
11:45-12:15	Lunch	2:00-2:30	Lunch
12:15-2:30	Therapeutic Classroom	2:30-4:00	Creative Arts
2:30-3:30	Wellness Hour	3:00-6:00	Therapeutic Recreation and Expressive Arts
3:30-4:30	Therapy Group	6:00-7:00	Life Skills
4:30-5:30	Expressive Arts Group or Life Skills	7:00-7:15	Community Meeting
5:30-6:30	Mindfulness Group or Recreation	7:15-7:45	Dinner
6:30-7:00	Social Skills	7:45-9:00	Evening Activity
7:00-7:15	Community Meeting	9:00-9:30	Bedtime Routine Begins
7:15-7:45	Dinner	9:30	Lights Out
7:45-9:00	Life Skills and Social Skills Evening Activities		
9:00-9:30	Bedtime Routine Begins	VISITING HOURS FOR PARENTS	7 DAYS A WEEK 9AM - 9PM
9:30	Lights Out		

EDGEWOOD'S MISSION

To promote the behavioral health of children, youth, and families and support a positive transition to adulthood.