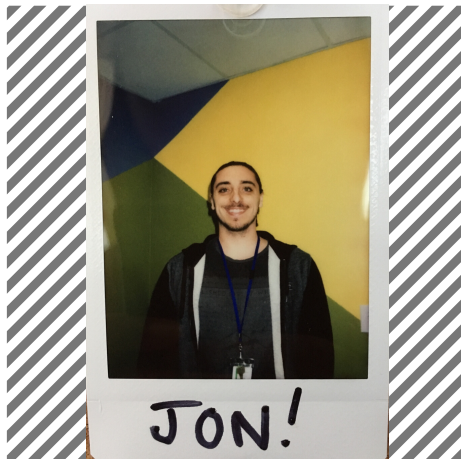




NOVEMBER NEWSLETTER



Please welcome Jon, our new Peer Partner! He loves Karate, Anime, and playing Pool. He is always up for hanging out, playing video games going for walks, and learning new things.

Manifestation Workshop

November 14th 5PM

Learn reality codes, ancient rituals, and life hack techniques to get what you want

Pick a Prompt

Come and write with us on **November 19th**. We will create prompts, pick one prompt every 10 minutes, and write.



Trip to South to chill and do laundry

11/26 @ 4PM

Share Your Favorite Song

What song makes you pull out some **new dance moves**?

What song makes you **inspired**?

Today is the day to share it with the DIC community!

November 12

SafeZONE

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Transforming Lives. Restoring Hope.

Reprogramming to the Ideal You

Sharing **NLP techniques**, to reprogram yourself 5PM



You're Invited!

Drop In Center North's **Thanksgiving Holiday Party!!**

November 27th @ 4-7pm

931 W. San Bruno Ave. Suite 2
 DICNORTH@EDGEWOOD.ORG
 650.832.6797
 18-25 ONLY

Drop-in Center North



NOVEMBER 2019 CALENDAR



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

4 	5 Quesadillas	6 Chef Special	7 Fried Rice and Teriyaki Chicken	8 
11 Enchiladas	12  Share a Song workshop 5-7pm with Susan Sandwiches	13 Chef Special	14 Breathwork Workshop with Cierra  Chili Mac n Cheese	15 SORRY WE'RE CLOSED
18 Turkey Chili and Cornbread	19  Writing Workshop with Susan 5-7pm Peanut Butter Toast	20 Chef Special	21  MANIFESTATION WORKSHOP WITH CIERRA Chicken Alfredo Pasta	22
25 Spinach dish Chicken and Mashed Potatoes	26 LAUNDRY DAY AT SOUTH  Vegetarian Pasta	27  THANKSGIVING HOLIDAY PARTY 4-7pm	28 THANKSGIVING SORRY WE'RE CLOSED 	29 SORRY WE'RE CLOSED

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