



Edgewood Family Support Services

3801 Third Street Suite 610 San Francisco CA 94124 (Bayview Plaza)

Family Resource Center * Kinship * Enhanced Visitation * Differential Response * Transition Age Youth

For general information: (415)-682-3242

Monday, March 9

Kinship Support and Quilting Group

10:30 am – 12:30 pm, Bayview Plaza, San Francisco, Suite 620 Conference Room

Drop in group support group, all kinship caregivers are welcome. Facilitators are Eddie Mae Lockett and Catherine Sherman.

Family Resource Center Drop In

10:00 am – 4:00 pm, Bayview Plaza, San Francisco, Suite 610. Open Mondays, Wednesdays, and Fridays. (Tuesdays - by Appointment Only, Thursdays - No drop in services)

No appointment necessary. Enjoy a beverage, an assigned duty worker can help find resources and information, relax in the family lounge, or use a computer.

Tuesday, March 10



Play and Learn - Jugando y Aprendiendo – En Espanol
10:00 am – 12 noon, Bayview Plaza, Suite 610 Playroom

Una clase divertida con música, cuentos y juegos entre padres e hijos con un

centrarse en el lenguaje temprano y el desarrollo de habilidades motoras. Brindamos salud

¡Aperitivos y un espacio divertido para todos! Para padres con bebés y niños pequeños de 1 año a 3 años.

Todos los martes (en español). Comuníquese con Francisco al (415) 725-0758.

Little Mover - Play, Move, and Learn! (Meets every 2nd Tuesday of the month)

11:00 am – 12:00 pm, Bayview Hill Garden, 1075 Le Conte Avenue, San Francisco, 94124

Offers a fun child development activity through movement. Most early interactions involve movement that help children develop not only their motor skills, but also their emotional and social skills as well. For more information, contact Jessica at (415) 680-8927.

Wednesday, March 11

Kinship Support Group in Spanish. Grupo de Apoyo para Latinos – En Espanol. (Meets every 2nd and 4th Wednesday of the month.)

1:00 pm – 3:00 pm, Bayview Plaza, San Francisco, Family Room

Llevar un plato para compartir y habla acerca de su familia con otros de habla hispana cuidador familia. Leticia Jaime (415) 533-7795.

Explore and Learn - Meets every 4th Wednesday of the month.

10:00 am – 12:00 pm, Heron's Head Eco Center, 32 Jennings Street @ Cargo, San Francisco 94124

Interactive and informational event where parents and kids come to embrace nature. Come enjoy a Tandem Storytime, as well as a nature walk, hands-on activities with different topics related to nature and ecology. By promoting a healthy social environment, the event enhances positive connections, engagement with nature, and early learning. Facilitated in English/ Spanish. Contact Omar Ramirez for further details: 415-689-0017.

Play and Learn

11:00 am – 12:30 pm, Bayview Library 5075 Third Street, Classes held on 1st, 3rd, and 4th (& 5th if applicable) Wednesdays of the month.

Interactive class where parents can bond with their children as they learn, sing, craft, and play together. For information please contact Sherlynn Thurman (415) 745-0981. For Chinese, call Jessica Huang at (415) 680-8927.

Men's Group – En Espanol

6:00 pm – 8:00 pm, Bayview Plaza, Suite 610, Every 2nd and 4th Wednesday of the month.

A group of men dedicated to the concept of group support with leadership shared by all. Our mission is to build community and positive friendships by sharing our life experiences and concerns with other men. Facilitated in Spanish. Contact Francisco Ferrer for further details at (415) 725-0758.

Family Resource Center Drop In

10:00 am – 4:00 pm, Bayview Plaza, San Francisco, Suite 610. Open Mondays, Wednesdays, and Fridays. (Tuesdays - by Appointment Only, Thursdays - No drop in services)

No appointment necessary. Enjoy a beverage, an assigned duty worker can help find resources and information, relax in the family lounge, or use a computer.

Thursday, March 12

Edgewood Food Bank:

Every Thursday 12:00 pm – 2:00 pm. Enrolled families can pick up a box at 1801 Vicente San Francisco. No lines. No Identification. No hassle, but you must be enrolled. Boxes include meat, cheese, vegetables, fruits, pasta, rice, beans, and canned goods. Please remember to bring your own bag to Food Bank. Contact Luis Garcia at LGarcia@edgewood.org for more information and to enroll a family. All Edgewood families are eligible! All Edgewood families are eligible!

Hayward Kinship Support Group @ Lincoln Child Center

Every Thursday from 10:00am-11:30am. 111 Review Way, Hayward, CA. Call (510) 273-4700 for more information.

Drop in group support group, all kinship caregivers are welcome. For Edgewood East Bay Kinship families in South Alameda County.

Edgewood Cooking Class

Every Thursday 10:30 am – 12:00 pm, Joseph Lee Park, 1395 Mendell St., SF 94124

Free cooking class for parents and caregivers. A hands-on approach to international cuisine. Learn culinary techniques, prepare and try new dish from many cultures, learn about positive nutrition for the whole family, receive a complimentary food box. Bilingual Spanish/English class. Please contact Francisco at (415) 745-5245 for more information.

Asian Parent Support Group in Cantonese

10:30 am-12:00 pm, Joseph Lee Park, 1395 Mendell St., SF 94124

Support group for Cantonese speaking parents and caregivers. Please contact Jessica (415) 680-8927 for more information.

Friday, March 13

The Wellness Circle – HOW TO BECOME STRESS-LESS Takes place on the 1st Friday of each month

10:30 am – 12:30 pm, Bayview Plaza, San Francisco.

Learn about stress coping skills via a series of sessions held once a month. We have many ways of coping, ways we may not think of as a way of coping. Find out and attend this fabulous series on becoming Stress-Less. Contact Lois, Kinship Navigator - Email: loisk@edgewood.org.

Office: 415-682-3256. Cell: 415-317-6709

Family Resource Center Drop In

10:00 am – 4:00 pm, Bayview Plaza, San Francisco, Suite 610 Open Mondays, Wednesdays, and Fridays. (Tuesdays - by Appointment Only, Thursdays - No drop in services)

No appointment necessary. Enjoy a beverage, an assigned duty worker can help find resources and information, relax in the family lounge, or use a computer.

Keep up-to-date on Kinship activities and resources at: iKinship.org

Kinship Respite – For Relative caregivers enrolled in the Kinship Program. Respite gives caregivers a break and kinship youth a chance to learn and have fun together. Call Luis for more information. (415) 680-5658 | lgarcia@edgewood.org

Cake4Kids.org is a non-profit organization that bakes and delivers custom birthday cakes for underserved children. As a Kinship caregiver you can have Cake4Kids bake your child's next birthday cake for free! Place your order in at least 4 weeks in advance through our website iKinship.org and you can pick up the cake at one of our locations: 3801 Third Street, Suite 610, San Francisco, CA 94124 —or—2380 Salvio Street, Suite 100, Concord, CA 94520

Coming Up:

- **Tuesday, March 17** – San Francisco Unified School District (SFUSD) School Enrollment Workshop

Edgewood FRC will be hosting a workshop on school enrollment conducted by the San Francisco Unified School District (SFUSD). The workshop will discuss the enrollment process with the school district. Workshop will be offered in Spanish and translation is available. Contact Omar for more information at 415-689-0017.

- **Saturday, March 21** – Kinship Youth Activity at House of Air

Come join Edgewood on a high-flying adventure at House of Air. Jump on trampolines, play dodgeball, work on arts and crafts are just some of the activities to enjoy. Food and transportation are provided. Children 7 years and older can attend the event, but sign up early as space is limited to 6 kids for this outing. Contact Luis, Youth Activities Coordinator, for more information at lgarcia@edgewood.org or call 415-680-5658.

- **Saturday, March 21** - Voices in Cloth Quilt Show Outing

Our quilt, "We Are The World," made by members of Create and Connect will be exhibited at the Voices in Cloth Quilt Show at the Craneway Pavilion in Richmond. Please call 415-629-9045 to reserve your ticket, sign up for a ride or get more information.

- **Friday, March 27** – Community Baby Shower

Moms, Dads, Caregivers of NEWBORN babies are encouraged to attend. Meet other parents, enjoy prizes, gifts and more. Presentation on the topic of Breastfeeding by a public health nurse. Contact Sherlynn (415) 745-0981. Check out attached flyer for more details.

- **Friday, April 3** – Activate! Join Us for a Walk/Jog

Taking initiative for a healthier lifestyle. Join us for a healthy breakfast then a walking exercise at various parks around San Francisco. Open to caregivers and their kids (0-5 yrs.). Contact Omar for more information at 415-689-0017. Flyer coming soon...

- **Monday, April 6** – Triple P Class – Teens (for parents with children ages 12 to 17) in Spanish.

For families who may be interested a flyer in Spanish is attached that provides more information.