

Edgewood Center for Children and Families Crisis Stabilization Unit

The Crisis Stabilization Unit opened in 2014 and provides youth and families a safe, structured, child-friendly and family supportive environment. The CSU was created in conjunction with the San Francisco Department of Public Health to evaluate and triage children and youth (ages 5-17) who are experiencing acute psychiatric symptoms or a mental health crisis.

Individuals pictured are models used for illustrative purposes only.



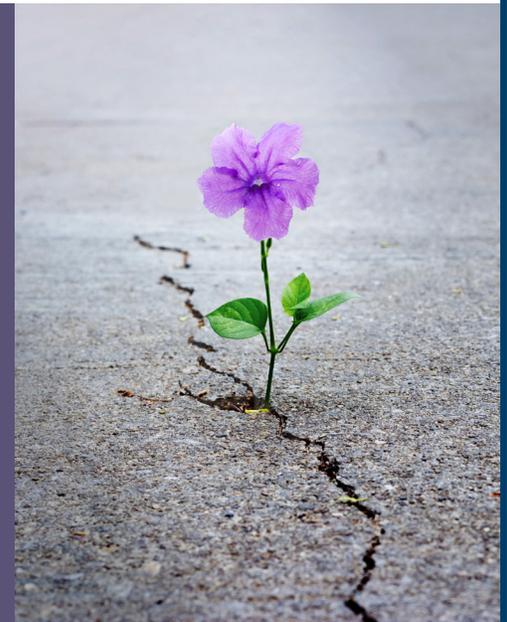
FOR MORE INFORMATION
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The CSU works in partnership with Several departments including Child Crisis, SF Unified School District, Kaiser and SFPD.



Why is the CSU Program Necessary?

Suicide is the second leading cause of death for teens in the U.S. Twenty-six percent of San Francisco students reported feeling sad or hopeless almost every day for two or more weeks, while 13 percent said they had "seriously considered" attempting suicide in the prior year. Nine percent reported at least one attempt in that time period. This represents children from all socioeconomic and ethnic backgrounds.

Our Staff

The CSU is a multidisciplinary team, including a Medical Director, Psychiatric Nurse Practitioner, nurses, clinicians, counselors and a Family Peer Partner. Nursing and clinical care are provided 24/7.

EDGEWOOD CENTER FOR CHILDREN AND FAMILIES

provides behavioral health services to children, youth, and emerging adults aged 0 to 25. Each year, we touch the lives of thousands of families living in San Francisco and San Mateo counties who have experienced severe trauma, abuse, or neglect. Founded in 1851, Edgewood is the oldest children's charity west of the Mississippi and offers programs ranging from prevention and early intervention to community based treatment, day and after school programs, residential treatment, and crisis stabilization.

About Edgewood's Crisis Stabilization Unit:

The CSU works to support youth and families with a preventative approach. The program is designed to assess and stabilize youth who are experiencing acute psychiatric symptoms or a mental health crisis. The CSU team, in conjunction with the family, determines and facilitates discharge and safety planning.

In addition, the CSU is also a receiving center for youth already placed on a psychiatric hold for further assessment and stabilization, as well as coordination of hospitalization when indicated.

It has become a critical service for the children, teens and families of San Francisco and neighboring counties.

Edgewood's trained staff specializes in serving children and families and is a natural fit to other more child-focused evaluation and intervention in a family-friendly setting.

Accreditation: In 2015, Edgewood earned The Joint Commission's Gold Seal® of Approval for Behavioral Health Care Accreditation.

Who is Served?

- Youth who are experiencing a psychiatric crisis in San Francisco and neighboring counties who need immediate crisis evaluation and stabilization services
- The CSU also supports youth who are experiencing a mental health crisis and are in need of a multidisciplinary assessment and planned overnight stabilization in an effort to prevent acute psychiatric crisis.

Services Include

- Comprehensive psychiatric evaluation and risk assessment
- Medical screening
- Collaborative treatment planning with an individualized, strength-based focus
- Crisis stabilization and prevention
- Discharge planning including linkage with community supports and services
- Coping skills building and safety planning
- Parent and guardian support and education

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“My son and I were a little scared when we came here. Staff did an amazing job at explaining everything. Edgewood definitely helped us because the staff were so transparent. This was really refreshing and comforting and made this already heightened situation much easier to handle.”

– Parent

EDGEWOOD'S MISSION

To promote the behavioral health of children, youth, and families and support a positive transition to adulthood.