

Edgewood Center for Children and Families Key Accomplishments of the Crisis Stabilization Unit

The Edgewood Crisis Stabilization Unit (CSU) is a 24-hour unlocked, mental health specialty service designed to assess and stabilize youth ages 5-17 experiencing acute psychiatric symptoms or a mental health crisis. The CSU also functions as a San Francisco Receiving Center (Welfare and Institutions Code 5151) for youth who are placed on a WIC 5150/5585 hold in San Francisco County.

The CSU helps to ensure that youth experiencing a mental health crisis is not unnecessarily hospitalized and that they will receive services in the least restrictive level of care and mitigate long term debility. If, after assessment, the youth's WIC 5585 is continued the client is transferred to a 72 hour LPS (Lanterman-Petris-Short) facility for further evaluation and treatment. If the WIC 5585 is not discontinued, the client is diverted from hospitalization and connected to community resources.

Individuals pictured are models used for illustrative purposes only.



REFERRALS ACCEPTED 24/7

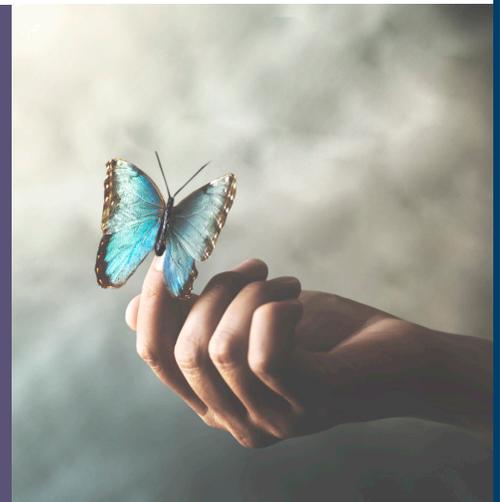
FOR MORE INFORMATION
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We accept referrals from all counties in the Bay Area and beyond. We accept SF Medical, Kaiser, and most private insurance.



Upon discharge, youth and their caregivers are referred to their health network providers and/or other appropriate specialized community providers for follow-up services. If during assessment and after thorough discussion with the CSU clinical team it is apparent that the client could benefit from a higher level of care, a referral could then be made to Edgewood's Acute Intensive Services (AIS). Because Edgewood's AIS are located on the same campus as the CSU, the clients in need benefit from minimal disruption in continued stabilization and a seamless continuum of care.

Each CSU team is comprised of clinicians, counselors, nurses, a parent partner and clinical administrators, with an available psychiatrist 24 hours a day.

CSU services include:

- Comprehensive mental health evaluation and risk assessment
- Medical screening
- Collaborative treatment planning with an individualized strength-based focus
- Meeting with family to gather collateral information
- Crisis Stabilization and prevention
- Discharge planning including linkage with community supports and services
- Connection with youth's school to support re-entry process
- Providing therapeutic interventions and activities
- Building coping skills and safety planning
- Parent and guardian support and education together with a Parent Partner

EDGEWOOD CENTER FOR CHILDREN AND FAMILIES

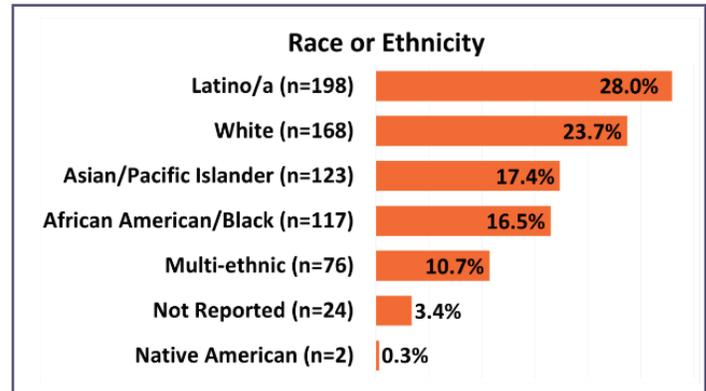
provides behavioral health services to children, youth, and emerging adults aged 0 to 25. Each year, we touch the lives of thousands of families living in San Francisco and San Mateo counties who have experienced severe trauma, abuse, or neglect. Founded in 1851, Edgewood is the oldest children's charity west of the Mississippi and offers programs ranging from prevention and early intervention to community based treatment, day and after school programs, residential treatment, and crisis stabilization. We accept referrals from all counties in the Bay Area and beyond. We accept SF Medical, Kaiser, and most private insurance.

Demographics Served

Over 2,090 youth were assessed by our **Crisis Stabilization Unit (CSU)** since 2014.

The Edgewood CSU is **servicing culturally diverse populations** in San Francisco including Latino/a (28%), African American (17%), and Asian/ Pacific Islander (17%) clients.

In comparison to the 2010 census data for San Francisco, **the CSU is servicing the Latino/a population close to more than twice as much as their representation in the census data (15%) and close to thrice as much for African Americans (6%).**



Hospitalization Decrease

Prior to the Edgewood CSU opening, SF DPH Child Crisis hospitalization rate was 27.48%. Since the CSU has opened, that rate has decreased to only 12% of youth requiring hospitalization, meaning that 88% of the clients that have come to the CSU have stabilized and have not had to go to inpatient hospitalization.

Overall, since 2014 when the Edgewood CSU opened, there has been a decrease in the inpatient hospitalization rate for the youth in the San Francisco community by well over 50%.



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Connection to Acute Intensive Services (AIS) and other city-wide services

Aside from the thorough assessment work that is done with the youth while on the unit, the CSU team takes great care to connect the youth and family to much needed resources that may be needed upon discharge. If the youth is already connected to services, the team will connect with those providers, etc and do whatever is necessary to make sure they are fully updated and support the continued expedited care. If the youth is not yet connected to services, the team will make efforts to connect the youth and family to needed services. Our Parent Partner has even been able to work with families after discharge to ensure that the support continues. As mentioned prior, if during assessment and after thorough discussion with the CSU clinical team it is apparent that the client could benefit from a higher level of care, a referral could then be made to Edgewood's Acute Intensive Services (AIS). A few key points about the CSU's connection with Edgewood's AIS:

- **Roughly 36% of the 472 clients served by CSU last year were referred and admitted to our Acute Intensive Services programs.**
- **More than half (55%) of the 864 youth treated in our Acute Intensive Services last year were assessed by the CSU.**

EDGEWOOD'S MISSION

To promote the behavioral health of children, youth, and families and support a positive transition to adulthood.