

# FEBRUARY 2021 NEWSLETTER

# DROP-IN CENTERS

AGES 18-25 ONLY . NORTH: SAN BRUNO . SOUTH: REDWOOD CITY

## VIRTUAL FEBRUARY ACTIVITIES

RSVP at [DropinCenters@edgewood.org](mailto:DropinCenters@edgewood.org) to get your materials and Zoom link!

### Friday Game Nights @ 5-7PM

2/5th & 2/12th & 2/19th & 2/26th

Play Jackbox, Codenames, Skribbl.io & more!

### Tea Talks

2/9 & 2/23 @ 2:00PM-3:00PM

Grab some tea and hang out w/ Peer Partners.

### Mindfulness Workshop

2/10 @ 12:30-1:00PM

Join us to learn about the peaceful practice of mindfulness!

### Lightening Scavenger Hunt

2/11 @ 5:00-6:00PM

Tune in to see if you can find ALL the items on our list! Winner gets a surprise prize!

### Martial Arts Class

2/16 @ 1:00PM-1:30PM

### House Plant, Plant Club

2/17 @ 5:00-6:00PM

Attention Plant Parents and enthusiasts!  
Learn more about plant care and FUN plant activities.  
Participants will get a new plant every month!

### Yoga Class

2/18 @ 12:00-12:30PM

### Therapets

2/24 5:00-6:00PM

Feeling anxious and stressed? Join *Therapets* for nonstop cuddles and "aw's"! Bring your pet or just enjoy the presence of others.  
All animals are welcome!

## WE'VE GOT SELF-LOVE CARE PACKAGES!

Do you or someone you know need some extra love? Thanks to our partnership with *Project Glimmer*, the Drop-in Centers have loads of high end skin care products and makeup kits from **SEPHORA** and **Thrive Causemetics!**



Order yours today at [DropinCenters@edgewood.org](mailto:DropinCenters@edgewood.org) to get it in time for Valentines Day!

## THIS MONTH'S INSTAGRAM TUTORIALS!!



### Almond cookies

IG Video Available 2/16

Celebrate Almond Day with delicious cookies! Order your baking kits and follow along with Shelby on Instagram!

## Tea Scented Candles

IG Video Available 2/8

Order your candle craft kit and make a lovely Tea candle in time for Tea Talks!



## February deliveries every Friday!

Email [DropinCenters@edgewood.org](mailto:DropinCenters@edgewood.org) to place an order for your hygiene bag, munchie bag, and activity kits!

## FEBRUARY DELIVERY DATES:

FRIDAY 2/5 FRIDAY 2/12

FRIDAY 2/19 FRIDAY 2/26

## CONTACT INFO

North (650) 832-6797

South (650) 517-8211

Email: [DropinCenters@edgewood.org](mailto:DropinCenters@edgewood.org)



Instagram

@edgewood\_dropincen




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Transforming Lives. Restoring Hope.



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1  Order a Self-Love Care Package!	2	3 Grab 'N Go @ North 1-4PM	4 Grab 'N Go South 1-4PM	5  Game Night 5PM-7PM
8 Tea Scented Candles   Order a Self-Love Care Package!	9  Tea Talks 2:00-3:00PM	10 Mindfulness 12:30-1:00PM	11 Scavenger Hunt 5:00-6:00PM	12  Game Night 5PM-7PM
15  Order a Self-Love Care Package!	16 Martial Arts 1:00-1:30PM Almond Cookies 	17  House Plant Plant Club 5:00-6:00PM	18 Yoga 12:00-12:30PM	19  Game Night 5PM-7PM
22  Order a Self-Love Care Package!	23  Tea Talks 2:00-3:00PM	24 Therapets 5:00-6:00PM	25	26  Game Night 5PM-7PM

INTERESTED IN JOINING ONE OF OUR ACTIVITIES?

Click here to R.S.V.P.



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